

Summer 2010 Dance Schedule

*Dance Alive! Dance Studio*

11 W Division St Po Box 456 Manteno, IL 60950  
(815) 468-1820

The summer session at Dance Alive! Dance Studio is a 4 week session of weekly classes that KICKS off with **TECHNIQUE BOOT CAMP** June 28 – 30 and **A Royal Princess Birthday Party** on **JULY 1<sup>st</sup>!**  
**“Let’s Put On A Show”- Summer Camp Aug 2-5**  
**(See flyers for details on Boot Camp, Princess party and Summer Camp)**

The weekly classes begin **JULY 5<sup>th</sup>** and conclude **JULY 30<sup>th</sup>**.

**LATIN, BALLROOM, ZUMBA, and BELLY DANCE FITNESS** classes are **5 week sessions** that begin **June 29<sup>th</sup>!**

We offer classes for all ages and skill levels.

This is a perfect opportunity to try a new class and expand your dance horizons!

\*\*\*\* This schedule is a “guideline”. Dancers are placed in classes based on several factors. If you are not sure which class is right for your dancer, please do not hesitate to ask!

**Toddlers & Children Division**

**Music & Movement – Wednesday 12:30-1:00 PM \$33.00**

\*\*\* A class specially designed for children 12 mo.- 3 years. A mix of your child’s favorite sing and dance along songs and other creative movement activities! A parent or caregiver is encouraged to participate in this class.

**Pre- Dance/Tiny Dancers- Thursdays 5:00- 5:30 PM \$33.00**

\*\*\* a class specializing in 2- 3 year olds. An introduction to basic dance technique using fun themes and props to enhance the learning experience!

**Ages 3 - 5**

<b>Tumbling -</b> (2 ½ yr olds welcome!)	Wednesday 1:05-1:35 PM	<b>\$33.00</b>
<b>Ballet/Tap -</b>	Wednesday 1:40 - 2:40 PM	<b>\$44.00</b>
	Thursday 5:30-6:30PM	<b>\$44.00</b>
<b>Ballet -</b>	Wednesday 1:40-2:10	<b>\$33.00</b>
	Thursday 5:30-6:00	<b>\$33.00</b>
<b>Tap-</b>	Wednesday 2:10-2:40	<b>\$33.00</b>
	Thursday 6:00-6:30	<b>\$33.00</b>
<b><u>Ages 5-7</u></b>		
<b>Ballet/Jazz</b>	Tuesday 5:00-6:20	<b>\$49.00</b>
<b>Tap</b>	Tuesday 6:25-7:00	<b>\$36.00</b>
<b>Hip-Hop</b>	Monday 4:45-5:30	<b>\$39.00</b>
<b>Ballet</b>	Tuesday 5:00-5:40	<b>\$36.00</b>
<b>Jr Jazz</b>	Tuesday 5:40-6:20	<b>\$36.00</b>

### Junior / Senior Division

Ballet/Jazz 7-9 Yr olds	Wednesday 5:00-6:30	<b>\$60.00</b>
Ballet 7-9	Wednesday 5:00-5:45	<b>\$39.00</b>
Ballet	Tuesday 5:00-6:00	<b>\$44.00</b>
Jazz 7-9	Wednesday 5:45-6:30	<b>\$39.00</b>
Jazz	Tuesday 6:05-7:05	<b>\$44.00</b>
Hip-Hop 8-11	Wednesday 6:30-7:15	<b>\$39.00</b>
Hip-Hop 12 & up	Wednesday 5:30-6:15	<b>\$39.00</b>
Tap	Wednesday 6:40-7:25	<b>\$39.00</b>
Musical Theater	Wednesday 7:30-8:30	<b>\$44.00</b>

### Advanced Classes Jr. Sr. Division

Jr Int Adv/Sr Int Adv Ballet / Pointe	Monday 4:30-6:00	<b>\$54.00</b>
Jr/Sr Advanced Hip-Hop	Monday 6:15-7:15	<b>\$44.00</b>
Jr/Sr Int /Adv Jazz	Monday 7:20-8:20	<b>\$44.00</b>

### ADULT DIVISION CLASSES

Adults Only Hip-Hop	Wednesday 7:15-8:00	<b>\$39.00</b>
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#### Latin Dance Schedule

Classes are **\$55.00 per person or \$85.00 per M/F couple.**

#### Salsa 101-Beginners Salsa

Fridays 6-7 PM

Description: Learn basic Salsa footwork, turns, and cross body lead

This class will help you learn the basic fundamentals of Salsa and get you out on the dance floor

#### Salsa 102-Beyond Basics

Fridays 7:15-8:15 PM

Must know basic Salsa and Cross body lead

Learn cross body lead variations, spins, combinations, and open break

#### Salsa 103-Let's start turning heads!

Call For Class Time

Must know basics, cross body lead, and open break

Learn double spins, in and outs, flares, snaps, and cuddles

#### Special Ladies Styling Workshop \$20.00 Date and time TBA

Two hour ladies Salsa styling intensive for all levels

Learn body isolations, footwork, and hand styling you can apply as soon as you hit the dance floor with your partner

#### Ballroom Dance Schedule

Classes are **\$55.00 per person or \$85.00 per M/F couple.**

#### Waltz basics

Thursdays 6-7 PM

Learn basic Waltz

Basic steps, basic turn, footwork, hesitation moves, and progressives

Fitness Schedule

**Classes are \$50.00 for one for 5 weeks OR \$85.00 for Both!**

**Ask about our "Dance Parent Discount"**

**Zumba- "Cardio Party"**

**Tuesdays 7:15-8:15 PM**

Come sweat off the weight this summer with this high energy Latin cardio workout. Working out to high-energy Latin inspired music such as Cumbia, Merengue, Salsa, Reggaeton, Reggae, and more!

**Belly dance fitness**

**Thursdays 7:15-8:15 PM**

Basic belly dance moves to shed off inches on your waist as well as boost confidence levels

Women only! No boys allowed

We'll shake our way into fitness

Registration cannot be accepted without payment in full. BE SURE TO REGISTER QUICKLY!  
Your favorite class could be replaced or cancelled after June 20th if the enrollment is not sufficient to run the class.

Classes will be added to the schedule as needed or requested. If you are interested in a class that is not listed, please call the studio office!

\*Dance Alive! Dance Studio's preferred method of payment is ACH/Credit/Debit Card. We also accept cash and check payments.

Dress code info is in the policy statement available at Dance Alive!

\*\*Ask about our Multi – class and Sibling Discounts!

**NOTE:** All absences can be made up by attending any class offered on the schedule with the exception of camps.

\* No refunds/credits will be given for missed or dropped classes

\*Please fill out the registration form completely, and send with full payment to:

Dance Alive! Dance Studio PO BOX 456 Manteno, IL 60950

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*Dance Alive! Dance Studio , Inc.*  
Registration Form Summer 2010

Dancer's Name \_\_\_\_\_ Age \_\_\_\_\_ D.O.B \_\_\_\_/\_\_\_\_/\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_

Parent / Guardian \_\_\_\_\_

Address (if different) \_\_\_\_\_

Home Phone # \_\_\_\_\_ Alternate Phone # \_\_\_\_\_

Parents e-mail address \_\_\_\_\_

Emergency contact \_\_\_\_\_ relationship to dancer \_\_\_\_\_

Phone # \_\_\_\_\_ Alternate phone # \_\_\_\_\_

I hereby release Dance Alive! Dance Studio, Inc., associated agencies, staff, and sub-contracted instructors from any and all damages or injuries my child or I may sustain while participating in or traveling to or from any dance studio class, activity, or performance. I have read the dance studio policies and financial responsibilities and will be in compliance with the mentioned requirements and addendums as they occur.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Class name \_\_\_\_\_ Day/Time \_\_\_\_\_

Class name \_\_\_\_\_ Day/Time \_\_\_\_\_

Class name \_\_\_\_\_ Day/Time \_\_\_\_\_

Class name \_\_\_\_\_ Day/Time \_\_\_\_\_